

# Online Safety: Who Could I Tell?

The Internet is amazing when used safely and correctly, but we must know how to stay safe online. The most important thing to remember if you see something that upsets you is:

## STOP

Stop what you are doing.  
Do not click on the page  
or reply to any messages.

## CLOSE

Close the laptop.  
Put your phone  
or tablet down.

## TELL

Tell a  
trusted  
adult.

**Trusted Adults**

Have a think about who your trusted adults might be.  
Draw your trusted adults in the circles and write their names below.

